

EVENT SCHEDULE 2016:

8:00 AM – 12:45 PM: Registration Open (follow signs, upstairs in chalet)

9:15AM: Jesse Bruce (of Alpha Obstacle Training) leads the Elite Wave warm-up!

9:30AM: Elite Wave starts! Bonfires burning, Coffee hot in the Cafe!

10:30 AM: Wave #2 departs, Elite Wave mostly finished!

10:45AM: Short podium for Elite Wave racers (Only Podium of the day)

11:00AM: Wave #3 Departs! (Wave full)

11:30AM: Wave #4 Departs! (Wave Full)

12:00AM: Wave #5 Departs! (Wave Full)

12:30PM: Wave #6 Departs! (Wave Full)

1:00PM: Wave #7 Departs!

1:30PM: Wave #8 Departs!

2:00PM: Wave #9 Departs!

3:30PM: Last finishers arriving, Volunteers off course, Beer by the bonfire

7:00PM: Join **Polar Rush** staff in the Kicking Horse for our Polar Rush afterparty!